



Women's Mentoring Network

BENEFITS OF BEING A MENTEE

- Receive support from someone who understands what it is like to be a nontraditional student
- Become more aware of campus resources
- Receive encouragement to set goals and achieve them
- Gain new ideas
- Create friendships
- Network with other students

WOMEN'S MENTORING NETWORK EVENTS

- **Kick off Picnic**
August 19, 2007, 1:00 - 3:00 p.m.
Underwood Park, Normal
- **Pizza Party**
November 7, 2007, 4:00 - 6:00 p.m.
Rachel Cooper, room 237
- **Fourth Annual Conference**
February 9, 2008, 8:00 a.m. - 1:30 p.m.
College of Business Building
- **Graduation reception**
April 2, 2008, 5:00 - 6:30 p.m.
Student Services Bldg, room 375

*Women's
Mentoring Network*
of Illinois State University

Mentee Information

ILLINOIS STATE
UNIVERSITY



Women's Mentoring Network
Illinois State University
Campus Box 4900
Normal, IL 61790-4900
Phone: (309) 438-2156
Fax: (309) 438-8247
Email: mentoringnetwork@ilstu.edu
<http://www.mentoringnetwork.ilstu.edu/>



WOMEN'S MENTORING NETWORK MISSION

To provide support and information to women students beginning (or returning to) college after an interruption in their formal education. Mentors are female professionals on campus who wish to create a welcoming environment for these students in an effort to ease the transition into higher education.

If you are interested in becoming a part of the Women's Mentoring Network, please visit our Web site to fill out an application:

www.mentoringnetwork.ilstu.edu

MEET OUR NETWORK

Why do our women enjoy being a part of the Women's Mentoring Network? We asked, and this is what they had to say:

"I would not have been able to cross the bridge of being a new, insecure student to a now more confident, soon-to-graduate student without the women in this network."

-Alicia, WMN mentee

"The level of excitement and enthusiasm is infectious and each time I not only share my own knowledge, but also learn something new myself."

-Joan Brehm, WMN mentor

"In my long journey to get my degree, after being out of school almost twenty years, I was really feeling out of place. The Women's Mentoring Network put a lot of effort into helping people like me."

-Irma, WMN mentee

"I love connecting with our students and other mentors...learning from each other, and encouraging students to continue their studies and graduate from ISU. As an alumnus, I feel a strong bond and connection to our campus and community. I just wanted our students to be offered and afforded the same opportunities that I had."

Teri Farr, WMN mentor



EXPECTATIONS OF MENTEES

When participating as a mentee with the Women's Mentoring Network, here are some guidelines that you may find helpful to have a successful mentoring experience:

- Responding to your mentor
Your mentor will be contacting you by phone, email, etc. Please make sure to respond to her as soon as possible so you can start your mentoring relationship.
- First meeting with mentor
Discuss each other's expectation for the mentoring relationship.
 - how often to contact each other
 - emails
 - phone calls
 - coffee
 - meeting for breakfast, lunch, or dinner
 - common interests
 - plan on attending WMN events together
- Continue mentoring relationship
You and your mentor are very busy people and even more so as the semester rolls on. Don't lose touch!
- If your mentoring relationship is not working
Your mentoring experience should be a good experience for you and your mentor. If your relationship is not working for either party, please contact us at 438-2156 immediately to have a new mentor assigned to you.
- Attending WMN events
The Women's Mentoring Network offers opportunities to meet other mentees and mentors at socials, our annual conference, and other events. Make sure you sign up for the Women's Mentoring Network listserv to find out about these events and much more!

You mentoring relationship may last a semester, a year, or may be a lifelong friendship. The Women's Mentoring Network hopes that you will develop new relationships with students and meet fellow mentors through this great networking opportunity!