



Women's Mentoring Network

BENEFITS OF BEING A MENTOR

- Lead mentee to higher level of thinking
- Satisfaction of being useful to someone else
- Become a better listener
- Become more outgoing
- Gain ideas
- Pride in seeing mentee learn and focus on goals
- Create friendships

WOMEN'S MENTORING NETWORK EVENTS

- **Kick off Picnic**
August 19, 2007, 1:00 - 3:00 p.m.
Underwood Park, Normal
- **Pizza Party**
November 7, 2007, 4:00 - 6:00 p.m.
Rachel Cooper, room 237
- **Fourth Annual Conference**
February 9, 2008, 8:00 a.m. - 1:30 p.m.
College of Business Building
- **Graduation reception**
April 2, 2008, 5:00 - 6:30 p.m.
Student Services Bldg, room 375

*Women's
Mentoring Network*
of Illinois State University

Mentor Information

ILLINOIS STATE
UNIVERSITY



Women's Mentoring Network
Illinois State University
Campus Box 4900
Normal, IL 61790-4900
Phone: (309) 438-2156
Fax: (309) 438-8247
Email: mentoringnetwork@ilstu.edu
<http://www.mentoringnetwork.ilstu.edu/>



WOMEN'S MENTORING NETWORK MISSION

To provide support and information to women students beginning (or returning to) college after an interruption in their formal education. Mentors are female professionals on campus who wish to create a welcoming environment for these students in an effort to ease the transition into higher education.

If you are interested in becoming a part of the Women's Mentoring Network, please visit our Web site to fill out an application:

www.mentoringnetwork.ilstu.edu

MEET OUR NETWORK

Why do our women enjoy being a part of the Women's Mentoring Network? We asked, and this is what they had to say:

"I would not have been able to cross the bridge of being a new, insecure student to a now more confident, soon-to-graduate student without the women in this network."

-Alicia, WMN mentee

"The level of excitement and enthusiasm is infectious and each time I not only share my own knowledge, but also learn something new myself."

-Joan Brehm, WMN mentor

"In my long journey to get my degree, after being out of school almost twenty years, I was really feeling out of place. The Women's Mentoring Network put a lot of effort into helping people like me."

-Irma, WMN mentee

"I love connecting with our students and other mentors...learning from each other, and encouraging students to continue their studies and graduate from ISU. As an alumnus, I feel a strong bond and connection to our campus and community. I just wanted our students to be offered and afforded the same opportunities that I had."

Teri Farr, WMN mentor



EXPECTATIONS OF MENTORS

When participating as a mentor with the Women's Mentoring Network, here are some guidelines that you may find helpful to have a successful mentoring experience:

- **Make the initial contact with your mentee**
The mentee has made the first courageous step by reaching out. Please follow through by making the initial contact with her within the first two weeks of being assigned to her.
- **First meeting with mentee**
Discuss each other's expectation for the mentoring relationship.
 - how often to contact each other
 - emails
 - phone calls
 - coffee
 - meeting for breakfast, lunch, or dinner
 - common interests
 - plan on attending WMN events together
- **Continue mentoring relationship**
You and your mentee are very busy people and even more so as the semester rolls on. Don't lose touch!
- **If your mentoring relationship is not what you were hoping for**
Please contact us at 438-2156 immediately to have a new mentor assigned to you. Your mentoring experience should be a good experience for you and your mentee.
- **Participating in WMN events**
It takes many volunteers to make this program successful. Consider attending mentor meetings and volunteering to assist with planning the few events WMN offers to mentees and mentors. By attending meetings and events, you have a wonderful opportunity to network with other members of the Women's Mentoring Network.

Your mentoring relationship may last a semester, a year, or may be a lifelong friendship. The Women's Mentoring Network hopes that you will develop new relationships with students and meet fellow mentors through this great networking opportunity!